

Five days of courageous prayer

Open one prayer window each day. Talk for a minute, then pray together.

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1 - THANK

Thank God for one good thing.

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2 - ASK

Tell God about one worry.

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3 - TRUST

Say together: I can trust God.

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4 - COURAGE

Choose one right next step.

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5 - PRAISE

Say or sing something true about God.

FAMILY PRAYER

God, thank You for listening when we pray. Help us choose what is right, bring You our fears, and trust You each day. Amen.