

David and Goliath

Sunday School Leader Guide



THE BIG IDEA

Real courage grows when we remember that God is with us, even when a problem looks much bigger than we are.

AGES

5-9

PASSAGE

1 Samuel 17

LENGTH

30-45 min

PREP

Low

A complete 45-minute lesson

Use the full plan or shorten the Create section for a 30-minute session.

5 min

Welcome

Ask: What makes something feel enormous? Let children show size with their hands.

4 min

Watch

Play the film with captions. Ask the class to notice what David remembers.

7 min

Talk

Use the four discussion questions. Children may answer aloud, draw, or pass.

8 min

Play

Complete the story-order activity together and practise the memory verse.

12 min

Create

Use the digital canvas or activity book, then make Five Stones of Courage.

5 min

Respond

Choose one stone prompt and pray about one brave next step.

4 min

Close

Repeat the big idea and send home the five-day family challenge.

Questions, activities, and prayer

TALK ABOUT IT

- Why were Saul and the soldiers afraid?
- What did David remember when the problem looked enormous?
- Why did David choose his own shepherd tools?
- What is one giant-sized worry you can bring to God?

MEMORY VERSE

- 1 Samuel 17:47 - 'The battle is the Lord's.'
- Say it normally, quietly, loudly, slowly, and with one hand over your heart.

CLOSING PRAYER

God, thank You for being with us. Help us remember Your care, bring You our worries, and take the next right step with courage. Amen.

SUPPLIES

Paper, crayons, five paper stones per child, child-safe scissors, glue, and one paper pouch.

SAFE CRAFT

Label five flat paper stones Remember, Pray, Trust, Courage, and Thank. Do not make a working sling.

ACTIVE GAME

Write common worries on empty boxes. Children gently topple them with soft beanbags while saying, 'God is with me.'

David and Goliath

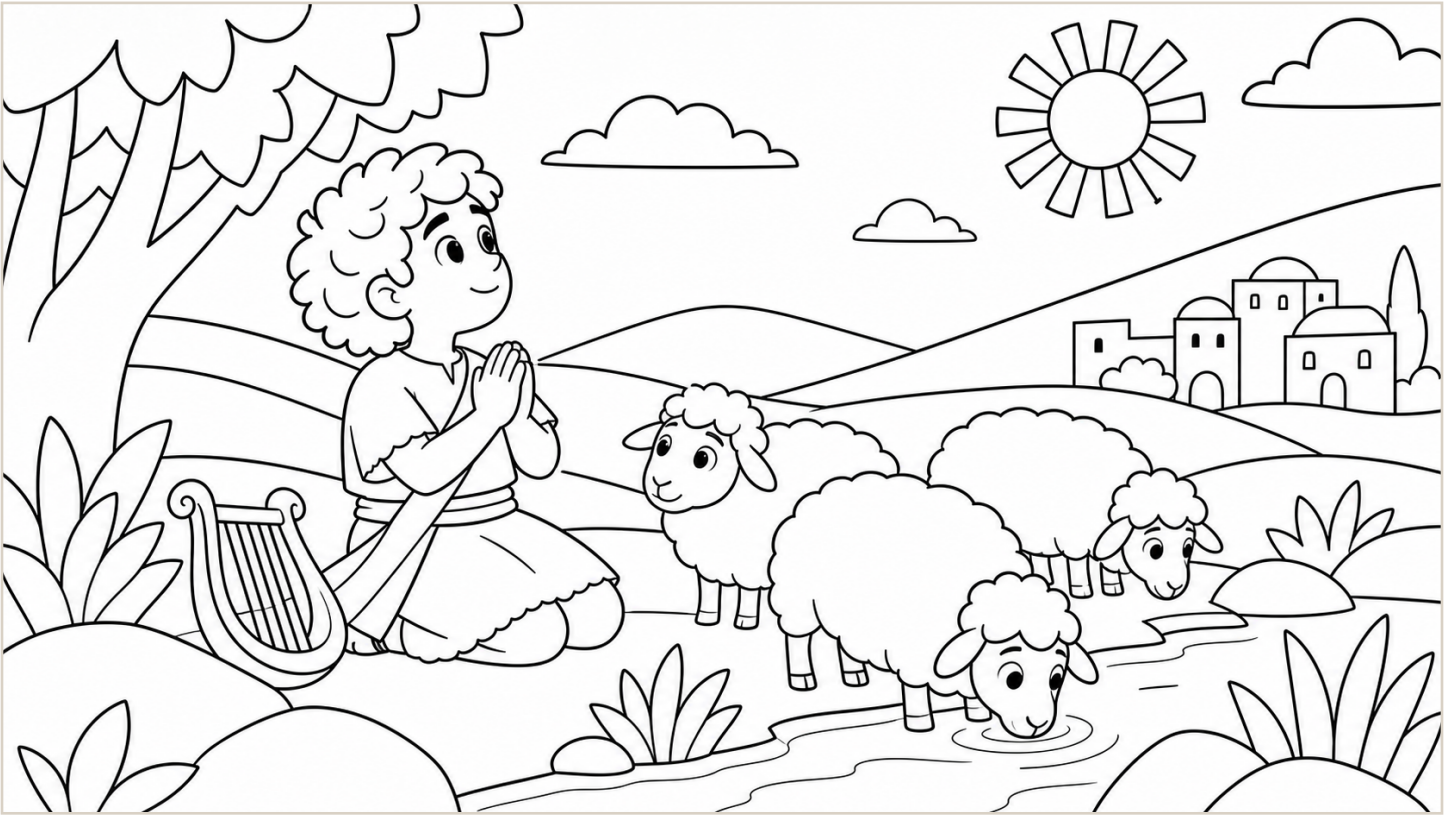
Courage grows when we trust God.



This book belongs to: _____

David cares for the sheep

David prayed and praised God while he cared for his father's flock.



LOOK AND REMEMBER

What can you colour near David while he talks with God?

Jesse prepares the food

Jesse prepared food for David to carry to his brothers.



LOOK AND REMEMBER

Colour the bread, baskets, clothes, and hills in this busy family scene.

David chooses five stones

David chose five smooth stones from the stream and placed them in his bag.

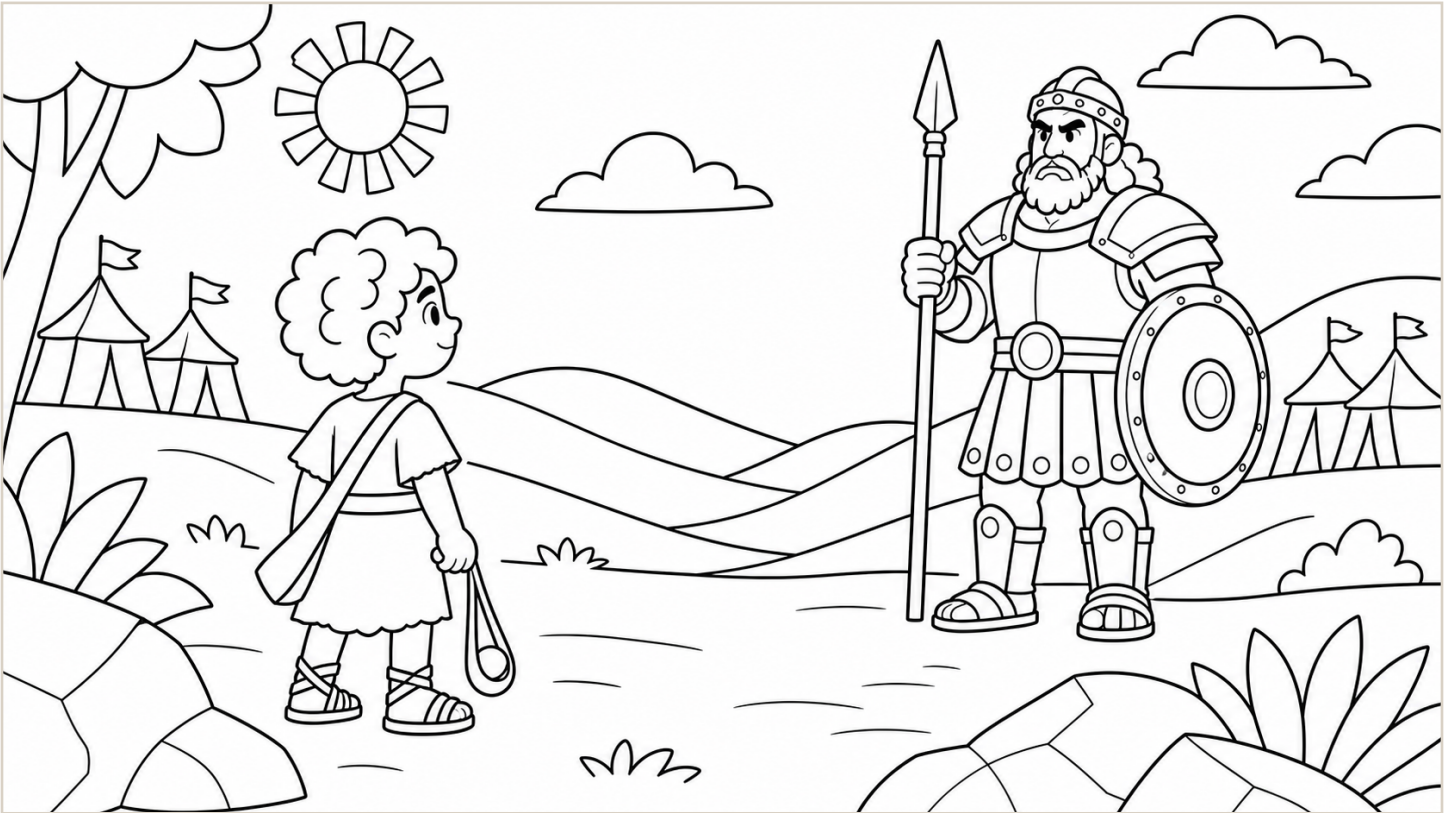


LOOK AND REMEMBER

Can you find and colour all five smooth stones?

David faces Goliath

David was smaller, but he trusted that God was with him.



LOOK AND REMEMBER

What colours will you choose for David, Goliath, and the two camps?

David swings the sling

David used the shepherd tools he knew and trusted God.

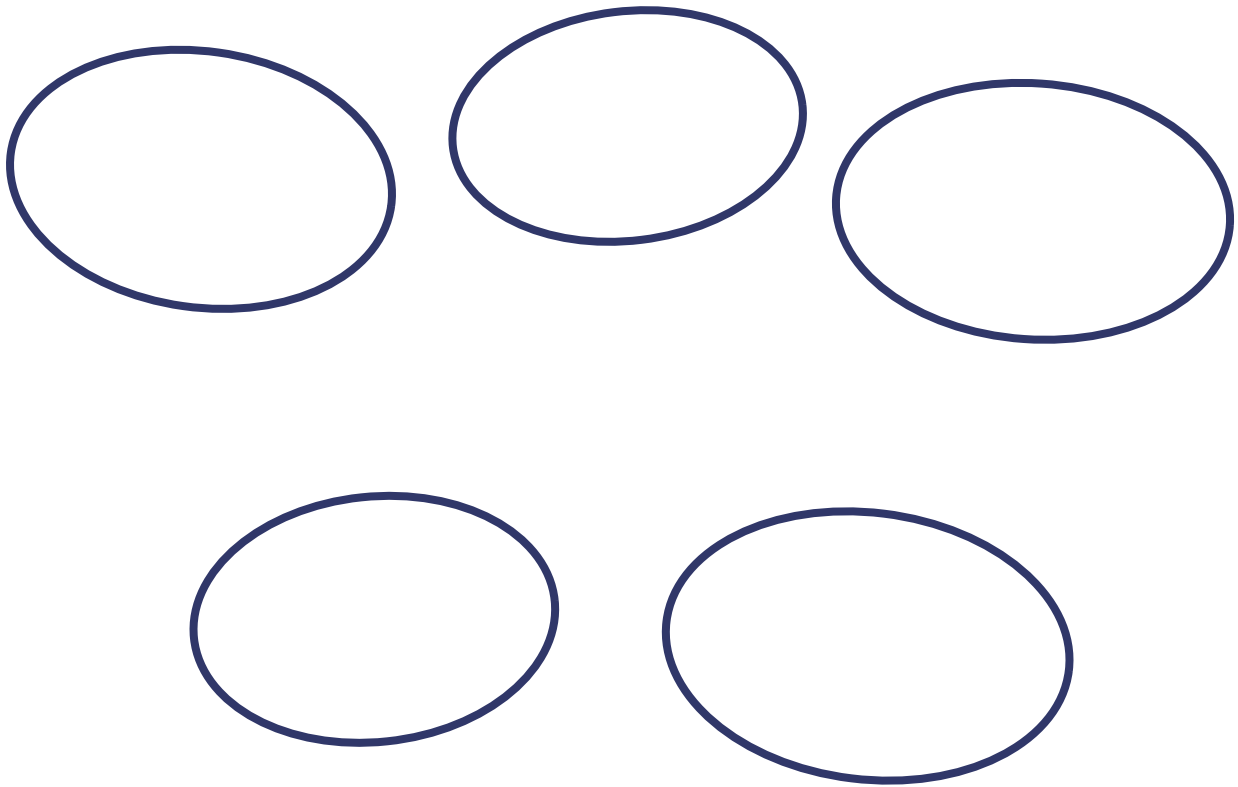


LOOK AND REMEMBER

Colour the sling, the valley, and the two warriors. Remember: courage came from trusting God.

David chose five smooth stones

Colour every stone. Then write the numbers 1 to 5 inside them.



How many stones did David choose?



STORY ORDER

What happened first?

Write the numbers 1 to 5 in the boxes to put the story in order.

David chose five smooth stones.

David thanked God for helping him.

Goliath challenged Israel's army.

David cared for his father's sheep.

David faced the challenge trusting God.

THINK ABOUT IT

What did David remember before he faced Goliath?

MEMORY VERSE

The battle is the Lord's

1 Samuel 17:47

TRACE THE WORDS

THE BATTLE IS THE LORD'S

THE BATTLE IS THE LORD'S

THE BATTLE IS THE LORD'S

Say it five ways

1

normally

2

quietly

3

loudly

4

slowly

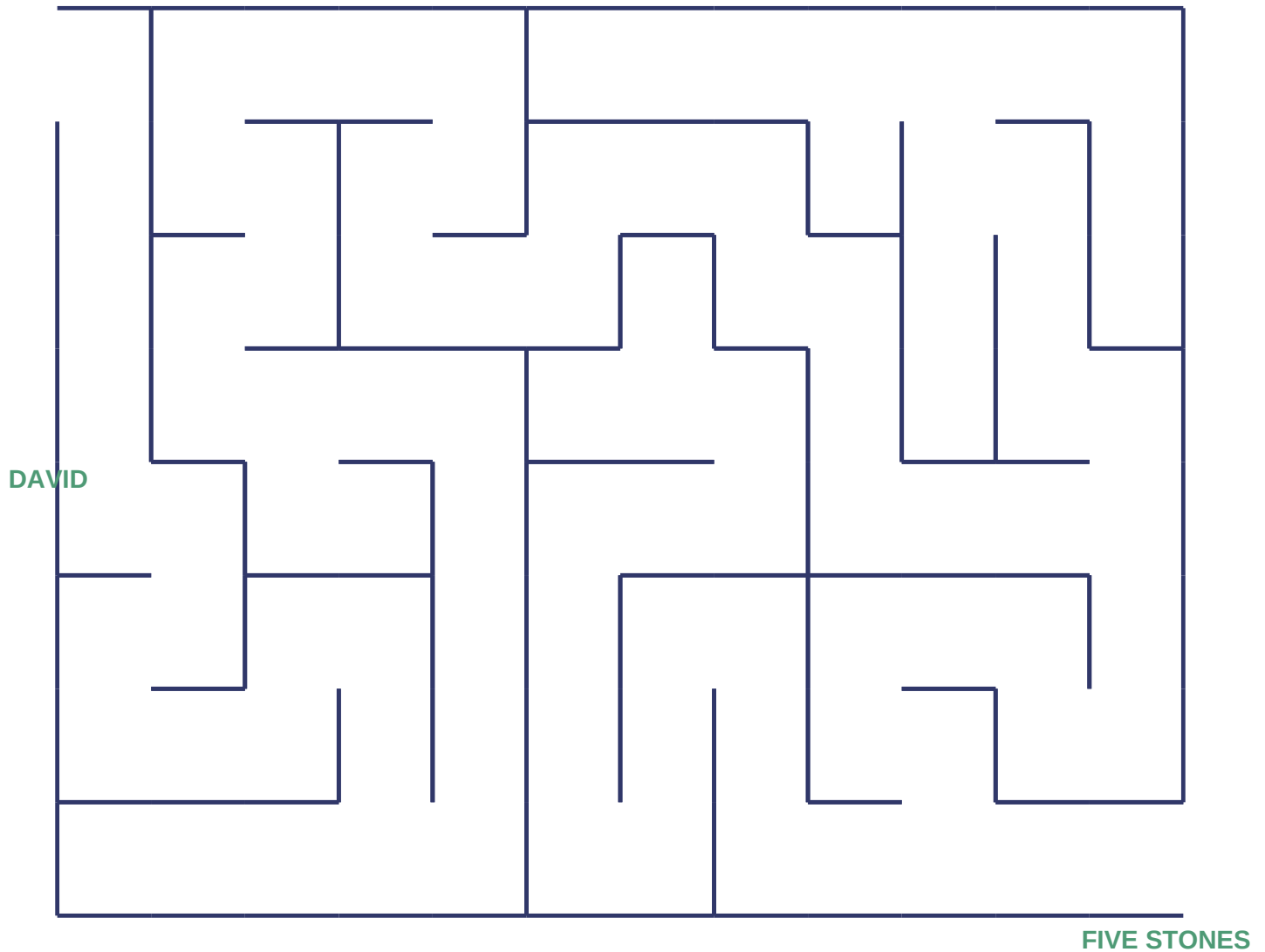
5

hand over heart

MAZE

Help David reach the stream

Find a path from David to the five smooth stones.



When the path is difficult, we can pause, pray, and take the next right step.

CUT, COLOUR, OR DRAW

Five Stones of Courage

Colour the stones. Cut them out with an adult, or draw a picture inside each one.

REMEMBER

A time God helped

PRAY

A worry to share

TRUST

God is with me

COURAGE

One brave next step

THANK

Something good

My giant-sized worry

Draw or write about something that feels enormous. You may keep it private.

A large rectangular box with a solid outer border and a dashed inner border, intended for drawing or writing about a worry.

A prayer I can say:

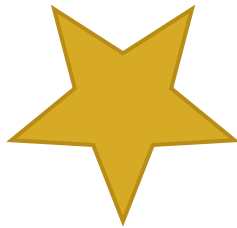
God, this feels big. Please help me remember that You are with me.

BERNSTONE STORIES

Courage Certificate

This certificate celebrates

for learning that courage grows when we trust God.



THE BATTLE IS THE LORD'S

1 Samuel 17:47

TEACHER OR PARENT

DATE

Five days of courage

Choose one stone each day. Talk for a minute, then pray together.



1 - REMEMBER

Name one time someone helped you.



2 - PRAY

Tell God about one worry.



3 - TRUST

Say together: God is with me.



4 - COURAGE

Choose one brave next step.



5 - THANK

Thank God for something good.

FAMILY PRAYER

God, thank You for being with us. Help us remember Your care, bring You our worries, and take the next right step with courage. Amen.