

Five days of courage

Choose one stone each day. Talk for a minute, then pray together.



1 - REMEMBER

Name one time someone helped you.



2 - PRAY

Tell God about one worry.



3 - TRUST

Say together: God is with me.



4 - COURAGE

Choose one brave next step.



5 - THANK

Thank God for something good.

FAMILY PRAYER

God, thank You for being with us. Help us remember Your care, bring You our worries, and take the next right step with courage. Amen.