

Jesus Calms the Storm

Sunday School Leader Guide



THE BIG IDEA

When frightening moments come, Jesus is near. We can pray, take the next brave step, and trust His loving care.

AGES

5-9

PASSAGE

Mark 4:35-41

LENGTH

30-45 min

PREP

Low

A complete 45-minute lesson

Use the full plan or shorten the Create section for a 30-minute session.

5 min

Welcome

Ask: What helps you feel safe when something is loud or surprising? Children may answer or pass.

4 min

Watch

Play the film with captions. Ask the class to notice what changes before and after Jesus speaks.

7 min

Talk

Use the four discussion questions. Reveal teacher hints only when helpful.

8 min

Play

Complete the story-order activity and practise the memory verse.

12 min

Create

Use the digital canvas or activity book, then make a Calm-in-the-Storm Boat.

5 min

Respond

Choose one prayer prompt and quietly tell Jesus about one worry.

4 min

Close

Repeat the big idea and send home the five-day Brave Steps challenge.

Questions, craft, and game

TALK ABOUT IT

- What changed while Jesus was sleeping in the boat?
- What did the disciples do when they felt afraid?
- What happened when Jesus said, 'Quiet! Be still!'?
- What is one brave next step you can take when you feel worried?

MEMORY VERSE

- Mark 4:41 - 'Even the wind and the sea obey Him!'
- Say it normally, whisper the first phrase, make wave motions, then let both hands become still.

SUPPLIES

Paper plates or cardstock, crayons, child-safe scissors, glue, blue paper strips, and craft sticks.

SAFE CRAFT

Make a paper boat on layered waves. Slide a craft-stick Jesus from stormy water to calm water.

GAME + SAFETY

Clear the floor first. Children sway gently as waves. On Be still, everyone freezes, breathes slowly, and says the verse.